

In diesem Feld können Sie alle notwendigen Angaben für ein gelenktes Dokument gemäß QM-Vorgaben einfügen, im Bereich rechts können Sie das Logo Ihrer Einrichtung einfügen.

Information sheet multidrug-resistant gram-negative bacteria (MDR-GNB)

Dear patient,

You have either been diagnosed with multidrug-resistant gram-negative bacteria (MDR-GNB) or you have had contact with an MDR-GNB patient/resident. For this reason, microbiological testing will be or has already been carried out. We would like to explain which rules of conduct are now important and what measures have to be taken.

MDR-GNB are bacterial organisms resistant to a number of widely-used antibiotics. They are found mostly in the intestine and more rarely in the urinary tract, the upper respiratory tract or on the skin.

Special hygiene measures play an essential role in preventing MDR-GNB transmission in medical facilities (e. g. single-room accommodation or rooms with private toilet assignment). Medical staff members will wear special protective clothing when caring for you.

Good hand hygiene, including washing hands with soap and water each time after using the toilet and the use of an **alcohol-based hand sanitizer**, is critical for reducing the risk of spreading infections. Your health care provider will be happy to show you how and when hand hygiene should be performed. In addition, all surfaces in your immediate environment, including the bathroom, will be cleaned and disinfected daily.

For as long as you are diagnosed with MDR-GNB at our facility, special therapy will be needed. You will be informed about this in detail.

At home, you should follow this advice:

- perform proper hand hygiene (washing hands with soap and water), especially after using the toilet,
- only use hygiene items/towels that are meant specifically for your use,
- disinfectants are usually not required in a private household.

Please inform all of your health care providers before further treatment about your MDR-GNB diagnosis. This is for your own and other patients'/residents' safety.

In the case that further measures are required, these will be discussed individually with you. If you have any further questions, please contact the ward staff.

The **Hygiene Team**

In diesem Feld können Sie weitere Angaben für ein gelenktes Dokument gemäß QM-Vorgaben einfügen.